

# Rangatahi Self Leadership –

## *“Te Ihi te Wehi te Wana – Evoking the Leader Within”*

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The concept of leadership is often seen as a formal role and one where a person leads others, such as leading others on the sports field, a battle field, within the corporate business sector or as a student studying through their teenage years. Leaders thrive, that lead others in their role, yet too few are aware that what's truly needed in our uncertain times of constant change, are leaders who are found in every role and in every position, whether in a formal leadership role or not.

The Rangatahi Self-Leadership 3 day programme is primarily focused on *evoking the leader within*. It is grounded in the principle that real leadership is cultivated from within the rangatahi first. Leadership qualities are both desirable and necessary in all rangatahi today. This programme inspires the leader within to emerge through:

- learning effective thinking strategies and
- the participation of activity based group problem solving.

This Programme brings together the fields of Neuro-Semantics, **Emotional Intelligence** (the ability to guide and direct your emotions intelligently to support the pursuit of a worthy goal) and **Principle Based Leadership** (leadership that is based on values that support exceptional leaders i.e. honesty and integrity, people focused and leads from and communicates a vision to those they lead) to empower rangatahi in stepping into either formal or informal roles of “leading-out” at school, within their whanau and/or the wider community.

### **What you will gain from attending this training:**

You will learn and have practical experience in leading edge concepts that have revolutionised the way that rangatahi think about leadership.

- Strategies to develop effective emotional intelligence as an emerging leader.
- Embracing personal responsibility and ownership.
- Application of 10 Neuro-Semantic behavioural change patterns for excellence.
- Eliminate excuses that limit your potential
- Developing resilience and perseverance
- Role modelling “leading-out” on a daily basis
- Achieving a value based leadership approach
- Remove self-sabotaging thought patterns
- Interactive learning & development for 33 hours over a 3 day noho marae
- Form a definition of yourself as an emerging leader
- Access an attitude of focus and commitment
- How to inspire others to take on leadership qualities



Underpinning the learning outcomes below, are the values. These too will have practical experience, starting with the location of the training, especially for whakapapa reasons. They create a sense of identity in terms of understanding, beliefs, values, meanings, and a way to coalesce all four into a culture of knowledge and learning. These are described and applied in the following way:

Value	Definition
Aroha	The act of Aroha is an expression of love and or feeling loved. Rangatahi Self Leadership explores a range of emotions and behaviours in a way that it examines the meanings behind the words. For example what is love, what does it feel like, what does it look like, how do I know I am loved.
Whanaungatanga	The act of Whanaungatanga is expressed in the way we connect and how we get to know each other throughout the duration of the training. This is articulated through a range of shared activities and the relationships rangatahi build during the 3 days together. They in essence become a whanau – a self-leadership whanau.
Whakapapa	The act of Whakapapa is, “to know who you are”. The entire programme is about getting to “know who you are”, as a person, a brother, a sister, a son, a daughter, as an <i>emerging leader</i> . It addresses what it looks like, how it feels, how it sounds – “evoking the leader within”
Mana/Manaaki	The act of Mana/Manaaki – upholding people's dignity/giving of yourself to others. To be able to uphold another's dignity <i>I must first uphold my own, to give to others, I must give to myself</i> . These are two very important concepts of self-leadership and are expressed in a variety activities, discussions and questions such as; “How do I uphold someone else's dignity? How do I give myself to others? “Am I doing that now if not why not?” What does that mean exactly?
Korero/Awhi	The act of Korero/Awhi – “open communication, being supportive and embracing”. How do you do that and what does that look like? Throughout the training rangatahi will learn that Self-Leadership is all about communication and the ways we communicate and convey information. It's also looks at being supportive and embracing to self and to others and asks, what does supportive and embracing mean? What does that look like? Do I know what it feels like to be supportive and embracing? Am I being supportive and embracing?
Tikanga	The act of Tikanga – doing things the right way, according to our values. What under-pins Rangatahi Self-Leadership – <i>Evoking the Leader within</i> , is values, meanings and beliefs. It examines what are our values, what are our beliefs, what meanings we assign to these values and beliefs and how we articulate these either in behaviours or in our emotions. Whilst there is no wrong way, there is a right way of doing things as with Tikanga.