

## Appendix 1 – Record sheets

### Thermometer/hygrometer

Room	Temperature reading	Humidity reading
Kitchen		

### Stopwatch (water flow rate)

Tap/room	Time to fill a 10L bucket (seconds)	Flow rate associated in litres per minute (see table 1 in guide)
Shower main bathroom		

### Wood moisture level meter

	Reading 1	Reading 2	Reading 3	Reading 4	Reading 5	Reading 6
Moisture content						

Healthy Home kit record sheets

Infrared thermometer

Room	Temperature readings								
	Floors	Walls	Ceiling	Window 1 seals	Window 2 seals	Window 3 seals	Door 1 seals	Door 2 seals	Other
Kitchen									

## Healthy Home kit record sheets

### Power meter

Appliance			Power consumption	Carbon dioxide emissions	Cost
Item	Per cycle/day*	My Star rating	Cumulative power (kWh)	Cumulative emissions (kg)	Cumulative cost (\$)
Kettle	Cycle				
Toaster	Cycle				
Microwave	Time-of-use				
Fridge	24 hours				
Freezer	24 hours				
Dishwasher	Cycle				
Washing Machine	Cycle				
Dryer	Cycle				
Vacuum	Time-of-use				
Television	Time-of-use				
Computer monitor screen	Time-of-use				
Electric heater	Time-of-use				
Heated towel rail	Time-of-use				
<p><b>Note:</b> the measurement time will be determined by whether you want to simply measure power consumption or compare your appliance to those listed in tables 2 and 3 in the guide. If you want to compare to the guide, please look at the guide to determine what time-period will be needed.</p>					