



Disability Support Services (DSS) Kāpiti

Service directory for the Kāpiti Community
Aimed at those 16–65 years

Produced by the
Kāpiti Community Health Network

This booklet provides an overview of support services available in Kāpiti. It is not exhaustive and is intended as a general guide.

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Introduction

Getting funded Disability Support Services

You need a Needs Assessment and Service Coordination (NASC) assessment to get funded Disability Support Services (DSS) in Aotearoa New Zealand.

The organisations listed in this document are examples of services and providers that a NASC service can help you get support from in Kāpiti.

In the Wellington, Porirua and Kāpiti '**Capital Support**' is the NASC service funded to work with disabled people under 65, their family, whānau, and/or carers.

P: 04 230 6400

E: capitalsupport@ccdhb.org.nz

[Disability support – Wellington, Hutt and Kapiti](#)

About this directory

All services listed in this guide are active in or cover the Kāpiti area from Paekākāriki to Peka Peka.

Using the contents page, click on the services you want to view, and it will take you directly to that section.

Website addresses are linked – click on them to go to the organisation's website for more information.

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Support and advocacy

- Helping people standing up for their rights

Aotearoa Disability Law

☎ (09) 257 5140

✉ info@adl.org.nz

🌐 www.adl.org.nz



Disability Information & Equipment Service – Well-Able

☎ (04) 298 2914

✉ info@well-able.org.nz

🌐 www.well-able.org.nz



Kāpiti offices

Explore

☎ 0800 605 001

✉ explore@explore.org.nz

🌐 [Mental Health & Well Being Services | Explore Wellbeing](#)

Behavioural support accessed via NASC



Foundation for Equity and Research NZ (FERNZ)

☎ +64 21 190 1196

✉ info@fernz.org.nz

🌐 www.fernz.org.nz

Kāpiti branch



I.Lead (part of YES Disability Resource Centre)

☎ (09) 414 5360

✉ ilead@yesdisability.org.nz

🌐 [Wellington - I.Lead](#)

Wellington based



Whaimana Support My Decision

🌐 [Support My Decisions](#)

Online resource



Nationwide Health & Disability Advocacy Service

☎ Freephone: 0800 555 050

✉ advocacy@advocacy.org.nz

🌐 [Nationwide Advocacy Service | Free support for New Zealanders about your health and disability care](#)

Nationwide



People First New Zealand

☎ (04) 381 3242

☎ Freephone: 0800 20 60 70

✉ ask@peoplefirst.org.nz

🌐 www.peoplefirst.org.nz

Kāpiti branch



Personal Advocacy and Safeguarding Adults Trust (PASAT)

☎ 0800 728 7878

✉ advocacy@PASAT.org.nz

🌐 [Home | PASAT](#)



Volition

☎ 027 359 6747

✉ info@volition.org.nz

🌐 www.volition.org.nz

Online tool/app



Transitional and employment services

- Help leaving college and finding a job

Employment Connections

☎ (04) 298 7703

✉ admin@ccslt.org.nz

🌐 [Employment Connections – Community Connections](#)

Kāpiti office



Evaro

☎ (04) 470 7892

✉ web@evaro.nz

🌐 [Evaro – Empowering Adults with disabilities](#)

Wellington office



CCS Disability Action

☎ (04) 567 8910

☎ Freephone: 0800 227 2255

✉ Wellington.Admin@ccsDisabilityAction.org.nz

🌐 www.ccsDisabilityAction.org.nz

Hutt office



APM (Advanced Personnel Management)

☎ 0800 967 522

✉ Via website contact form

🌐 [APM Work Assist for NZ Job Seekers – Let Us Help You Find a Job | APM](#)

Wellington office



Workbridge

☎ 0508 858 858

✉ Via website contact form

🌐 [Workbridge | Simplify Your Job Search](#)

Hutt office



Choices NZ

☎ 0800 723 154

✉ talktous@choicesnz.org.nz

🌐 www.choicesnz.org.nz

Wellington office, 2 regional facilitators



Recreational and vocational

– Fun and skills

The Shed Project Kāpiti

☎ (04) 297 2713

✉ info@shedproject.co.nz

🌐 www.shedproject.co.nz



Te Ara Korowai

☎ (04) 299 6981

✉ info@tearakorowai.org.nz

🌐 www.tearakorowai.org.nz



Kāpiti Art Studio

☎ 022 355 2656

✉ kapitiartstudio@gmail.com

🌐 Kāpiti Art Studio



Wi Dance NZ

☎ 021 050 1565

✉ widancenz@gmail.com

🌐 [Home](#)



Wellington Riding for the Disabled

☎ (04) 237 5550

✉ wellingtonrda@xtra.co.nz

🌐 wellingtonrda.org.nz



Kāpiti Equestrian & Vaulting Centre

☎ +64 4 902 6108 (business hours)

✉ office@kapitieuquestrian.com

🌐 www.kapitieuquestrian.com



MASH Trust – Day Programmes

☎ 0800 627 4878

✉ enquire@mashttrust.org.nz

🌐 www.mashttrust.org.nz



Kāpiti Hub (IDEA Services)

☎ 0800 442 442 or (04) 463 2448

✉ horo.kapiti.mana@idea.org.nz

🌐 [IDEA Services](#)



Everyday Networks (Community Connections)

☎ (04) 298 7703

✉ admin@ccslt.org.nz

🌐 [Everyday Networks - Community Connections](#)



Special Olympics Kāpiti

☎ 021 225 8227

✉ kapiti@specialolympics.org.nz

🌐 www.specialolympics.org.nz



Home and personal

- Support to live independently

Access Community Health

☎ 0800 284 663

✉ info@access.org.nz

🌐 www.access.org.nz

Kāpiti office



Care On Call

☎ 0800 664 422

☎ (04) 566 4476 – 24 hours

✉ wellington@careoncall.co.nz

🌐 www.careoncall.co.nz

Hutt office



CCS Disability Action

☎ (04) 567 8910

☎ Freephone: 0800 227 2255

✉ Wellington.Admin@ccsDisabilityAction.org.nz

🌐 www.ccsDisabilityAction.org.nz

Hutt office



Community Connections

☎ (04) 298 7703

✉ admin@connections.org.nz

🌐 www.connections.org.nz

Kāpiti office



IDEA Services

☎ 0800 442 442 or (04) 463 2448

✉ horo.kapiti.mana@idea.org.nz

🌐 IDEA Services

Kāpiti office



MASH trust

☎ 0800 627 4878

✉ enquire@mashtrust.org.nz

🌐 www.mashtrust.org.nz

Kāpiti office



PACT – Supporting People

☎ (04) 570 2320

✉ info@pactgroup.co.nz

🌐 www.pactgroup.co.nz

Hutt office



Supported Lifestyle Service

☎ 0800 TEAM SL (8326 75)

✉ info@supportedlifestyleservices.co.nz

🌐 [Disability Support | Supported Lifestyle Services, Team Sls | Palmerston North](#)

Palmerston North office



Residential care

- Homes with support 24 hours a day

To move into residential care, you need to go through your NASC service.

Organisations do not hold waitlists.

Community Connections

☎ (04) 298 7703

✉ admin@connections.org.nz

🌐 www.connections.org.nz



Hōhepa Kāpiti

☎ +64 4 297 2102

✉ admin@hohepawellington.com

🌐 www.hohepawellington.com



L'Arche Kāpiti

☎ (+64) 4 298 4633

✉ larche@larche.org.nz

🌐 L'Arche Kapiti – Te Waka Whakaruruhau



IDEA Services

☎ 0800 442 442 or (04) 463 2448

✉ horo.kapiti.mana@idea.org.nz

🌐 IDEA Services



MASH Trust

☎ 0800 627 4878

✉ enquire@mashttrust.org.nz

🌐 www.mashttrust.org.nz



New Zealand Community Living (NZCL)

Levin based with homes in Kāpiti

☎ 0800 101 057

✉ info@nzcl.nz

🌐 www.nzcl.nz

