



*Ehara taku toa
i te toa takitahi,
engari he toa takitini*
**Success is not the
work of one, but the
work of many**

Do you want to be part of climate change solutions, but not sure where to start?

Follow these tips to:

- improve your wellbeing and save money!
- help reduce your carbon and environmental footprint,
- extend your knowledge, connect with others on the same path, and
- help influence the system change we need to transition to low-carbon living.



Live well locally

- Get involved locally, support community initiatives and events.
- Support local conservation and environmental restoration groups: kapiticoast.govt.nz/local-restoration-groups
- Explore our great network of local tracks, trails, beaches, and rivers here in Kāpiti: kapiticoast.govt.nz/TracksTrails



Get prepared

- Plan ahead for severe weather and natural disasters – help look after your whānau and community.
- Connect with your neighbours.
- Find more info and a calendar of emergency preparedness training here in Kāpiti: wremo.nz



Be kind!

- Acknowledge yourself and others for your efforts – every action big or small helps us towards a better future.
- Collectively, we can respond to the challenges and opportunities that climate change presents with positivity, kindness and compassion.

Learn what Kāpiti Coast District Council is doing on climate change at: kapiticoast.govt.nz/climate-change



Climate Action: how to take positive steps towards a better future

*Ko tātou ngā kaitiaki o te taiao,
mahi a te mahi mō a tātou tamariki*

*We are all guardians of the natural world,
working together for our children*



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*Kei a koe te
kaha Kāpiti:
you've got what
it takes*

We all have constraints and challenges; it's hard to be 'climate proactive' all the time. Every little action helps though; here are some great ways to take climate action when and as you can:

Connect and learn

- Talk about climate change with friends, whānau, and workmates.
- Learn about effective actions and solutions, including the importance of mātauranga Māori.
- Understand and reduce your carbon footprint: [futurefit.nz](https://www.futurefit.nz)
- Find out more about climate change solutions: [takethejump.org.nz](https://www.takethejump.org.nz) [genless.govt.nz](https://www.genless.govt.nz)
- Support planet-friendly investments e.g., find a KiwiSaver provider committed to climate action: [mindfulmoney.nz](https://www.mindfulmoney.nz)



Reduce consumption

- Ask yourself, "Do I really need that?"
- Follow the 5 Rs: refuse, reduce, re-use, repair, recycle.
- Buy secondhand, trade or share with friends and whānau.
- When purchasing new items, opt for local, sustainably-made, durable, and energy-efficient products with repairable or replaceable components.

Check out [kapiticoast.govt.nz/waste](https://www.kapiticoast.govt.nz/waste) for local circular economy and waste minimisation options.



Use energy efficiently

- Insulate your home and workplace, install curtains, block draughts.
- When replacing appliances choose an efficient option; switch to electric heating, hot water, and cooking – electricity is cheaper than gas and more than 80% renewable!
- Conserve energy by turning off lights and appliances when not in use.
- Rooftop solar is the most cost-effective energy option for many households; low interest green loans can help with upfront costs. Check out [rewiring.nz](https://www.rewiring.nz) for more information.



Food

- Eat a diet rich in plant-based foods.
- Buy locally produced food.
- Reduce food waste: buy and cook only what you need, use up leftovers, compost.
- Minimise packaging: purchase in bulk where you can.
- Start your own veggie garden – you can start small with just a few herbs!



Getting around

Make the most of zero or low-carbon transport where possible.

- Active transport:** walk, run, bike, scoot, skate if you can. Find local bike and walking maps at: [kapiticoast.govt.nz/TracksTrails](https://www.kapiticoast.govt.nz/TracksTrails)
- Public transport:** catch a bus or train. Find more information at: [kapiticoast.govt.nz/PublicTransport](https://www.kapiticoast.govt.nz/PublicTransport)
- Shared transport:** carpool or ride-share with colleagues or friends.
- Efficient vehicles:** use fuel efficient, hybrid, or EV where possible.



Advocate

- Use your political voice. Be active on the issues and decisions that matter to you. Vote in local and national elections. Write letters to politicians. Sign petitions or start your own.
 - Contact your political representatives: [kapiticoast.govt.nz/elected-members-parliament.nz/en/mps-and-electoralates](https://www.kapiticoast.govt.nz/elected-members-parliament.nz/en/mps-and-electoralates)
 - Sign or start petitions: [our.actionstation.org.nz](https://www.our.actionstation.org.nz)
- Support Indigenous-led climate action, understand local iwi aspirations: [kapiticoast.govt.nz/community/tangata-whenua](https://www.kapiticoast.govt.nz/community/tangata-whenua)